

Leland, Glen Lake cross country teams run hard at Benzie

County girls and boys cross country teams from Glen Lake and Leland competed in the HOKA One One Trails and Bales two-miler. The Suttons Bay club team sent two runners to the event as well. St. Mary didn't compete at Benzie, but will run with other county teams at the Charlevoix Mud Run.

Glen Lake places seventh at Benzie

The Glen Lake boys team had two runners finish in the top 15, and placed 7th overall as a team in the event.

Mason Staggs placed 11th with a time of 11:12 and Caleb Henderson crossed the line in 14th with a final time of 11:18.

Wyatt Pugh finished 42nd with a time of 11:59, Lucas Guevel placed 56th with a final time of 12:21 and Bastian Sanborn crossed the finish line with a time of 12:57.

"Mason Staggs was the second sophomore to finish the race," Schut said. "Mason is out to prove himself, and he continues to devour his times from last year as these races. He wants to carry the team to the state finals again.

He understands we lost some talent so he is our new number. It's nice to have Caleb back, and he is proving himself as well. He is going to continue to get better as well."

The Glen Lake girls team placed 7th as well in the two mile run.

Freshman Makenna Scott continues to impress for the Lakers, as she placed 10th with a final time of 12:32.

"It's hard as a freshmen, but she is very humble," Schut said. "We have leaders and she is finding her rhythm. She has a goal of being one of the top runners and she is working really hard for it."

Grace Fosmore placed 53rd with a time of 14:26. Emma Korson finished in 71st with a time of 14:55 and Zoe Korson finished with a time of 15:41.

Sara Baarstad finished the two mile with a time of 15:43 in 87th, right

behind her teammate. Sam Garvin placed 91st with a time of 16:01 and Mayzie Dingman placed 95th with a final time of 16:09.

"Grace Fosmore stepped up in Karrigan's absence," Schut said. "She is fighting an ankle injury, and Emma Korson continues to improve and has a strong finish. She is impressing me and her teammates."

Leland runs hard at Benzie

The Leland boys team competed with just three varsity runners.

Zachary Fortuna placed 41st and finished with a time of 11:58. Max Jordan placed 120th with a final time of 14:54 and Jackson Arens crossed the finish line in 131st with a time of 15:44.

The Leland girls team struggled on the tough course, and had the longest time spread between the first finisher and the last finisher on the team.

Twyla Walters placed 31st with a time of 13:44 on the two mile course. Emma Waskiewicz crossed the line in 64th, finishing with a time of 14:41. Melia Couturier placed 81st, as she finished with a time of 15:21.

Madelyn Weist placed 109th with a time of 16:33, Arielle MacDonald placed 116th with a time of 17:05 and Sydney Richardson placed 120th with a final time of 17:12. Justina May Schaub rounded out the Leland girls team, finishing with a time of 20:14.

"Sydney ran a PR by over a minute and a half," Leland coach Karen Kirt said. "This is only our 3rd meet, and everyone is still getting into shape. Overall everyone is progressing and growing as competitors."

Konopka, Krumlauf represent Suttons Bay

The Suttons Bay club cross country team sent two runners of their own to compete in the two mile. Jayce Konopka and Connor Krumlauf were the two lone runners from Suttons Bay to run in the race.



GLEN LAKE girls cross country runners huddle before the two mile race begins. Photo: Kristen Staggs

Konopka finished the race in 86th with a time of 13:01 and Krumlauf placed 87th with a final time of 13:02.

St. Mary prepares for Buckley

Nick Papes and the St. Mary Eagles took the end of summer to prepare for school and for the next run.

"Kids have to hold themselves accountable over the Labor Day weekend," St. Mary coach Nick Papes. "If you don't run for the three days you will be out of it. They will have to do all of those workouts and it could be rough."

Papes expects a full boys team and the girls team to compete well the rest of the season, as well as the boys team.

"I suspect the boys team will be in full form," Papes said. "We will have lot of juniors and seniors and the couple of runners will be competing well."



EMMA WASKEVICH jumps over a bail of hay at the one-mile mark of the Benzie Central meet. Photo: Jackie Anderson

Glen Lake remains undefeated

Expectations were high for the Leland soccer team this season, and the Comets have not disappointed despite having minor injuries affecting a handful of players. But the surprise team so far as been Glen Lake, which has won its first four matches. North Bay, too, has been nursing some injuries that haven't helped during a competitive schedule coming out of the gate.

Following are overviews of the past week of soccer action in Leelanau County.

Leland shuts out TC Christian

Leland (6-1-1) continues to roll in the Comets early matchups, as they defeated Traverse City Christian Thursday, 3-0 to earn their sixth win on the season.

Andre Masse had a goal and an assist for the Comets. Jack Munoz added a goal and Jesus Calderon had a goal of his own for Leland.

Nick Saffell and Cobe Lund each had an assist, and Gavin Miller had five saves in the match.

The Comets jumped out to a 2-0 lead at halftime, and added a third goal in the second half. The Comets defense didn't break, as they held on to shutout the Sabres.

"We are still playing with our lineup and figuring out who is healthy and how healthy they are," coach Joe Burda said. "We are playing a lot of guys because of the injuries and the younger guys are progressing each week."

Leland was set to host Buckley yesterday, but the matchup took place after press time.

Glen Lake defeats Kalkaska

Glen Lake continues their early winning streak Wednesday, defeating Kalkaska 7-2 in another rain game. The Lakers are 4-0.

Freshman Brynn Fisher had a hat trick for the Lakers, and Parker Mchugh added a goal of his own.

"These freshmen have been playing well for us," Glen Lake coach Jared Boynton said. "They (Fisher and Henry Plumstead) think about the game the

same way, and they play off of each other. We have had great production from the young players."

Plumstead scored two goals and added two assists to go along with Fisher's hat trick. Brady McDonough scored a goal and had four assists and JD Willey had an assist.

"We were off to a slow start in this game, but we did score early," Boynton said. "As a team, we have to come out stronger to win."

Glen Lake jumped out to the lead with a goal in the first eight minutes, but Kalkaska would tie it a few minutes later. Glen Lake turned up the intensity and the Lakers scored four unanswered goals to take a 5-1 lead into halftime.

In the second half, Boynton had players try out a few different positions and rested some of his center backs on defense.

"This is the first time Tyler Robbins and George Slack sat during a game," Boynton said. "These two usually play the whole game for us, so it was good to rest them."

Christian Barber had six saves for the Lakers, and was given the last few minutes of the game off. Boynton chose to sit Barber and let McHugh finish the last seven minutes of the game in net.

Glen Lake was set to host Benzie Central on Wednesday night, but the match took place after press time.

North Bay recovers for season

North Bay (0-4) didn't compete in a match this week until yesterday against Kingsley. The match was played after press time.

North Bay coach Tom Spencer said the team needed time off to nurse injuries and get ready for the rest of the season.

"We have 22 roster players, but playing with just 12 players," Spencer said. "We should hopefully be at full strength. We had kids on vacation and we picked up an exchange student."

The Norsemen had a rough beginning of the season, as they had summer injuries that became soccer injuries. Spencer said his team will be ready for the Kingsley Tournament on Saturday. North Bay will

start with the host Stags at 9 a.m.

"It was a rough tournament and we have so many people missing," Spencer said. "It's difficult to start 0-4, we could easily be 2-2. We are ready to go for it and I fully expect to be in full form at the Kingsley tournament."



LELAND goalkeeper Gavin Miller looks for an open teammate to pass the ball to.



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